

*Xtreme Heights  
Gymnastics presents  
2022 Queen of Hearts  
Invitational*



**SATURDAY, FEBRUARY 19**

**SESSION 1: XCEL Bronze**

**CHECK-IN: 7:45 AM WARM-UP: 8 AM**

**SESSION 2: XCEL Silver**

**CHECK-IN: 10:45 AM WARM-UP: 11 AM**

**SESSION 3: LEVEL 6, 7**

**CHECK-IN: 1:45 PM WARM-UP: 2 PM**

**SESSION 4: LEVEL 5, XCEL Platinum**

**CHECK-IN: 4:45 PM WARM-UP: 5 PM**

**SUNDAY, FEBRUARY 20**

**SESSION 5: LEVEL 3**

**CHECK-IN: 7:45 AM WARM-UP: 8 AM**

**SESSION 6: LEVEL 4, XCEL Gold**

**CHECK-IN: 10:45 AM WARM-UP: 11 AM**

**SESSION 7: LEVEL 8/9, XCEL Diamond**

**CHECK-IN: 3:45 PM WARM-UP: 4 PM**